

# West District Cross Country Championships Individual Medallists (U13 Boys)

??? Trophy First Presented in

First held in 1975-6

Scottish Athletics Federation/Scottish Athletics Limited

|           |                                          |                       |       |                     |                         |       |                     |                       |       |
|-----------|------------------------------------------|-----------------------|-------|---------------------|-------------------------|-------|---------------------|-----------------------|-------|
| 2025-6    | Carlo Brown                              | Cambuslang H          | 8.08  | Callum Cooke        | Kilmarnock H&AC         | 8.15  | Christopher Cameron | Giffnock North AC     | 8.20  |
| 2024-5    | Evan Tyler                               | Giffnock North AC     | 7.50  | Alexander Wotherson | Law & District AC       | 7.51  | Callum Cooke        | Kilmarnock H&AC       | 8.02  |
| 2023-4    | Sam Deery                                | Giffnock North AC     | 11.50 | Alexander Wotherson | Law & District AC       | 11.51 | Gregor McNaught     | Springburn H          | 11.53 |
| 2022-3    | Rhuairdh Laing                           | VP-City of Glasgow AC | 11.00 | Louie Muir          | Giffnock North AC       | 11.18 | Finlay Laskey       | Giffnock North AC     | 11.31 |
| 2021-2    | Angus Wilkinson                          | East Kilbride AC      | 10:04 | Calum Dick          | Giffnock North AC       | 10:08 | Rhuairdh Laing      | VP-City of Glasgow AC | 10:21 |
| 2020-1    | No Championship due to Covid-19 pandemic |                       |       |                     |                         |       |                     |                       |       |
| 2019-20   | Oliver Patton                            | Kilbarchan AAC        | 11:48 | Craig Shennan       | Giffnock North AC       | 11.52 | Alasdair Nugent     | Giffnock North AC     | 12:09 |
| 2018-9    | Fergus Currie                            | Garscube H            | 12.16 | Johnny Burns        | Shettleston H           | 12.21 | Saul McGlennan      | VP-City of Glasgow AC | 12.22 |
| 2017-8    | Reuben Macdonald                         | Giffnock North AAC    | 11.45 | Fergus Currie       | Garscube H              | 11.53 | Fraser Gilmour      | VP-City of Glasgow AC | 11.59 |
| 2016-7    | Fraser Sproul                            | Kilmarnock H&AC       | 10.59 | Gregor Campbell     | Shettleston H           | 11.31 | Finlay Ross-Davie   | Garscube H            | 11.37 |
| 2015-6    | Jack Paton                               | Kilbarchan AAC        | 12.17 | Alasdair McGonagle  | Cumbernauld AAC         | 12.22 | Callum Bryne        | VP-City of Glasgow AC | 12.31 |
| 2014-5    | Hamish Armit                             | Giffnock North AAC    | 11.12 | Eliot Duff          | Garscube H              | 11.17 | Scott Sprang        | Ayr Seaforth AAC      | 11.21 |
| 2013-4    | Cameron Watson                           | Inverclyde AC         | 10.19 | Jamie Burns         | Shettleston H           | 10.24 | Scott Sprang        | Ayr Seaforth AAC      | 10.25 |
| 2012-3    | Ryan Gray                                | Inverclyde AC         | 10.30 | Michael Lowrie      | Giffnock North AAC      | 10.50 | Aidan Johnson       | VP-City of Glasgow AC | 10.55 |
| 2011-2    | Ryan Gray                                | Inverclyde AC         | 11.05 | Iain Wilson         | North Ayrshire AC       | 11.19 | Jamie MacKinnon     | VP-City of Glasgow AC | 11.22 |
| 2010-1    | Euan Urquhart                            | VP-City of Glasgow AC | 11.48 | Scott McKay         | VP-City of Glasgow AC   | 11.49 | Ross Gray           | Inverclyde AC         | 11.54 |
| 2009-10   | Euan Gillham                             | Kilbarchan AAC        | 11.43 | Gavin McArdle       | Kilbarchan AAC          | 11.47 | Liam Turner         | VP-City of Glasgow AC | 11.55 |
| 2008-9    | Stuart McLuckie                          | Airdrie H             | 11.21 | Lewis Boyle         | VP-City of Glasgow AC   | 11.23 | Gavin Alexander     | Kirkintilloch O       | 11.29 |
| 2007-8    | Max Aitchison                            | Victoria Park AAC     | 11.24 | Finlay Rae          | Ayr Seaforth AAC        | 11.26 | Russell Mountford   | Kilbarchan AAC        | 11.39 |
| 2006-7    | Max Aitchison                            | Victoria Park AAC     | 11.57 | Sandy Nimmo         | Giffnock North AAC      | 11.58 | Grant Muir          | Giffnock North AAC    | 12.09 |
| 2005-6    | Adam Gatens                              | East Kilbride AAC     | 11.29 | Andrew Dearie       | Shettleston H           | 11.33 | Paul Currie         | Inverclyde AC         | 11.36 |
| 2004-5    | Miles Hollinshead                        | Giffnock North AAC    | 11.25 | Callum Hawkins      | Kilbarchan AAC          | 11.40 | Lachlan Oates       | Shettleston H         | 11.40 |
| 2003-4    | Miles Hollinshead                        | Larkhall YMCA H       | 13.38 | Stephan Taggart     | Ronhill Cambuslang H    | 14.10 | Gary Mooney         | Larkhall YMCA H       | 14.21 |
| 2002-3    | Scott Hawkins                            | Kilbarchan AAC        | 10.36 | Stephan McGoldrick  | Kilbarchan AAC          | 11.06 | Raymond Black       | Ronhill Cambuslang H  | 11.15 |
| 2001-2    | Andrew Gibson                            | Kilbarchan AAC        | 11.22 | Malcolm McDonald    | Glasgow School of Sport | 11.26 | John Hampsey        | Inverclyde AC         | 11.28 |
| 2000-1    | Kyle Toole                               | Kilbarchan AAC        | 12.49 | Stewart Kirk        | Ronhill Cambuslang H    | 12.55 | Gray Haining        | Shettleston H         | 12.59 |
| 1999-2000 | Ross Toole                               | Kilbarchan AAC        | 12.08 | Stephan Dunn        | Ronhill Cambuslang H    | 12.34 | David Wallace       | Shettleston H         | 12.40 |
| 1998-9    | David Wallace                            | Shettleston H         | 12.28 | David Butcher       | Greenock Glanpark H     | 12.45 | Silas Goldsworthy   | Wigtonshire AC        | 12.46 |
| 1997-8    | Darren Malin                             | Nithsdale AC          | 12.14 | Stephen Matthews    | East Kilbride AAC       | 12.15 | Steven Milligan     | Giffnock North AAC    | 12.17 |
| 1996-7    | Callum Crawford                          | Victoria Park AAC     | 11.52 | Steven Reid         | Law & District AC       | 11.59 | Daniel McKeating    | Ayr Seaforth AAC      | 12.06 |
| 1995-6    | Christopher Henderson                    | East Kilbride AAC     | 11.03 | Paul Arcari         | Kilbarchan AAC          | 11.12 | James McLachlan     | Giffnock North AAC    | 11.17 |
| 1994-5    | Paul Graham                              | Cambuslang H          | 10.06 | Christopher Baslas  | Spango Valley AC        | 10.11 | Kevin Kealey        | Cambuslang H          | 10.28 |
| 1993-4    | James Goldie                             | JW Kilmarnock H       | 10.29 | Brian Smart         | Stonehouse AAC          | 10.36 | Joseph Kealey       | Cambuslang H          | 10.41 |
| 1992-3    | David MacRae                             | Cambuslang H          | 12.14 | Gary Lyon           | Cambuslang H            | 12.24 | Andrew Sandilands   | Stonehouse AAC        | 12.38 |

**Scottish Cross Country Union**

|         |                   |                       |       |                  |                  |       |                  |                   |       |
|---------|-------------------|-----------------------|-------|------------------|------------------|-------|------------------|-------------------|-------|
| 1991-2  | Paul Young        | Victoria Park AAC     | 12.13 | Alan Dobbie      | Cambuslang H     | 12.27 | Alan Docherty    | Spango Valley AC  | 12.32 |
| 1990-1  | Stuart Gibson     | Clydebank AC          | 12.03 | Alan Moore       | Clydebank AC     | 12.08 | Andrew Kavanagh  | Shettleston H     | 12.44 |
| 1989-90 | Stephen Schendel  | Cumnock & District AC | 11.56 | Stuart Gibson    | Clydebank AC     | 12.04 | Keith Mason      | Cumnock H         | 12.12 |
| 1988-9  | Daniel Kerr       | IBM Spango Valley AC  | 11.07 | James Toner      | JW Kilmarnock H  | 11.14 | Paul Allan       | Ayr Seaforth AAC  | 11.32 |
| 1987-8  | David Whiffen     | Nith Valley AC        | 10.44 | John Ferguson    | Ayr Seaforth AAC | 10.49 | Ian Forbes       | Stonehouse AAC    |       |
| 1986-7  | Edward McCafferty | Cambuslang H          | 12.40 | Darren Kinghorn  | Ayr Seaforth AAC | 12.48 | John Ferguson    | Ayr Seaforth AAC  | 12.51 |
| 1985-6  | David McPherson   | Cambuslang H          | 14.27 | David McDowell   | Dumfries AAC     | 14.28 | Ronan Toolis     | Dumfries AAC      | 14.29 |
| 1984-5  | Williams Adams    | Kilbarchan AAC        | 18.08 | Thomas Graham    | Kilbarchan AAC   | 18.18 | Philip J Mason   | Ayr Seaforth AAC  | 18.25 |
| 1983-4  | Glen Stewart      | Dumbarton AAC         | 13.47 | Andrew Whiffen   | Nith Valley AC   | 13.48 | John Graham      | Ayr Seaforth AAC  | 13.49 |
| 1982-3  | Alan Walsh        | Kilbarchan AC         |       |                  |                  |       |                  |                   |       |
| 1981-2  | Alastair Russell  | Law & District AC     | 10.32 | Bobby Donnelly   | St. Columba's HS | 11.15 | Brian Tyrie      | Ayr Seaforth AAC  | 11.25 |
| 1980-1  | David Boyd        | St. Columba's HS      | 11.58 | Adam Boyd        | Ayr Seaforth AAC | 12.16 | Alastair Russell | Law & District AC | 12.28 |
| 1979-80 | Robert Skilling   | Ayrshire AAC          | 11.31 | David Boyd       | St Columba's Sch | 11.37 | Gordon Shearer   | Dumbarton AAC     | 11.42 |
| 1978-9  | David McShane     | Cambuslang H          | 11.53 | Kenneth Sinclair | Springburn H     | 11.57 | Sean Bradley     | Springburn H      | 12.29 |
| 1977-8  | Jonathon Miller   | Victoria Park AAC     | 13.59 | Alistair Currie  | Dumbarton AAC    | 11.59 | David McShane    | Cambuslang H      | 14.00 |
| 1976-7  | Stuart MacPherson | Springburn H          | 11.35 | Robert Hawkins   | Kilbarchan AAC   | 11.37 | Tom McKean       | Clyde Valley AAC  | 11.44 |
| 1975-6  | Robert Barr       | Springburn H          | 11.07 | Robert McIntyre  | Springburn H     | 11.13 | Paul Martin      | Clyde Valley AAC  | 11.20 |